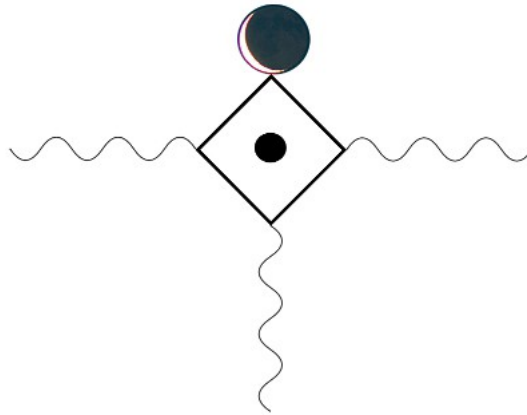


# ACCESS THE AKASHIC

Contact: [web@johngilbertscientist.com](mailto:web@johngilbertscientist.com)



23rd Issue Shamanic Plants & Hallucinogens / March 8, 2016



Shamanic plants, hallucinogens and psychotropic/psychoactive substances will be covered in this release of Access the Akashic. This area of knowledge is being covered since it has always played a part in theosophy, yet it will not become the focus of the zine. How is this to be understood? The author's opinion & research will be presented. Please consider the previous issues of ATA as far as material goes, because it may be surprising that the area of hallucinogenic plants would become another facet presented. With that being said, the author has done TAROT readings—those of the occultism, not to be found studiously in any other works—about the various questions he has had about the pagan influence of certain materials to be found in nature that alter the perceptions and create a mystical experience. It is the author's opinion that the concepts cannot be fully explained to his satisfaction and therefore, you must appreciate this issue at hand (that of current misconstruction). Instead, look it over and be free from any previous doctrine that should limit the outlook of the discipline. Chances are this issue will be taken the wrong way. Regardless, let us look at the readings plainly, openly and with reason as our guide.

First off let's take a peak at the marijuana. Now mind you this is advancing occultism and covering a very non-essential aspect of it by covering ethnobotanical/psychotropic plants. Marijuana is known by most people. Certainly it can be useful and has been useful to the author/tarot reader in meditation and forms of creativity, especially music. But however, let us look at this interpretation. These opinions are not necessarily steadfast and thus are welcomed self-evolution, changes in thought, and the open-mindedness of reasoning and dialogue. Marijuana, according to the reading, is relaxing. It makes you hungry. Yes it can show you occult stuff. What does “occult stuff” mean? Mystical visions, altered mind-states, enhanced perceptions, that sort of thing. Men make tons of money from dealing it. It causes some despair at the end of the high. It makes you vegetate. Its healing is well known. It contains a deep state of energy. It causes one to perceive differently. Was a reading done about Lebanese Hash? Well, no. Terence McKenna mentions it as being the best version of marijuana. Maybe it has further occult properties, maybe it falls under the same general category as is presented. This part of the debate is not essential to the overall outcome of this reading although maybe dabs are better than Lebanese. Let us move on.

Salvia Divinorum. She is a plant goddess. The Mother. She was calling out to the author right before this series of readings were done and essentially provoked them to be performed. Main question: How does one properly use it? Asking the guidance of the wisdom of the ancients, the answer is that one should “digest as much as possible by chewing it up while on an empty stomach.” It

will open you up. It is fast but effective. Chew it and drink water. If using it with an MAOI it will last longer. No offense intended, but smoking *Salvia Divinorum* (in any form, extract or not) is the practice of fools.

As far as Peyote goes, the reading told the author to only do it in a group setting. Nothing else was touched upon in the reading. The common knowledge of it is therefore good and to be considered.

Morning glory seeds. Do not use. Negative. Hawaiian Baby Woodrose seeds may be included in this category (and why not, they seem to be more toxic). Indeed this is a personal opinion presented in conjunction with the wisdom of occult readings, as has been said here. Do not take them for shamanic work.

Another plant never to bother with using: Mandrake. It is the tool of sorcerers.

Another plant whose reading came to the author as an emphatic no: Wormwood.

What about *Aconitum* (varieties of monk's hood)? ATA Issue 20 contains the uncovered information about Proclus' use of *Aconitum*. The methods of which are lost to posterity. Without wisdom regarding its safe psychotropic/initiatory use, common sense prevails here.

*Coleus* usage? See the explanation for the use of *Salvia Divinorum* above. The *Coleus* with the most bright and “trippy” leaves are to be sought for in attempting to use it psychotropically or shamanically. The author has not done a *Coleus* investigation yet. Sounds fascinating, especially with the reading backing it.

What is the deal with Galangal? Not much here energetically besides that it is a mild stimulant.

Let us touch upon *Datura* now. Shamans and wise men used to use this plant because it was available. That is to say that had they had access to a variety of plants they would have opted for something else. It is never to be used (author's personal opinion). It is very toxic, although *Datura* is not as toxic as *A. Pantherina* (see below). It may be said that *Brugmansias* and the like can be somewhat classed under the *Datura* realm. To clarify, let it be said that it is not likely that much investigation will be undergone in this area. That is not to say that it cannot be done, though.

What about Passion Flower? The reading said, “leave it be.” Supposedly it is an MAOI. So be it, that does not mean it is a good choice for this resource.

What about Mugwort? Drinking Mugwort tea under the right circumstances can increase astral perception. Its effects are light enough that it would not be considered much of a psychotropic plant, yet under shamanic practice its use is valuable in a quiet, more subtle context (as are many spiritual herbs).

Other herbs have effects on the shaman whether or not they are produced by chemical or by spirit cannot always be scientifically viable. Nevertheless, oregano smoked before bed time has been stated to create vivid dream-visions. The author can verify this, yet the dreams do not occur every time it is used.

*Heimia salicifolia* (Sinicuichi) or Sun Opener is claimed to be an hallucinogen from the Aztec culture. Not much is known about the actual Aztec culture, let alone how they ceremonially used certain plants. Here are the results of the reading. The power of it has to be opened. Sun opener, instead of being about the sun “opening” it implies rather that there is some process of opening the power of the plant or its accompanying spirit(s). It does not work unless you open it. There is a shamanic mantra or spell involved. You repeat this mantra. You boil it in a very big pot. Do not smoke it. The TAROT and its associated genii may be trying to reveal the *original* practices of the herb in question. With that being said, one falls asleep for awhile after drinking the tea and after using the spell-mantra-invocation the practitioner will experience visions of people dancing around. Something will then happen. A certain vision is known to be seen. Beautiful things and dancing people are a part of this visionary plant. It is noted that the ceremony originates from approximately 10,000 BC! This is part of a custom that has not been revealed except by this zine. Always remember though, 10,000 BC to us seems archaic, yet to those people of those times, it was to them considered *today*.

LSD is one of the strongest hallucinogenic substances. In the reading, the emphasis was on

strongest. Balls to the wall stoned. You cannot come down for 20-30 hours, even days. You will feel the sensation of being pulled around and shifted. There is nothing you can do about it during the time that it is in you. It came about by an accidental laboratory discovery (as we all know, but the reading has stated this as well). If this comes off derogatory it is not. It makes you strange...in the sense that you cannot see the world the same after the LSD trip. It has caused some serious problems for people. No not all, but some people never came down. Where is it from I asked the TAROT? It is from some stuff in the Cosmos. It is most similar to mescaline in concept and it is on the edge. I also inquired, is there an unknown psychedelic compound like LSD yet undiscovered but beyond it? When it is time, it will happen was the result of the reading on this question.

What about DMT? According to the reading, the crystalized form is too minute. It is not spread out enough (in its materiality). This form is not good for you. It is scary. Use the real Ayahuasca only. The author has used 5meo-dmt and was disappointed by it since it is basically a body buzz without the visions. Besides now he would most likely take the reading's advice in against trying crystalized DMT, as it is almost 100% of the time wiser to follow wisdom and thus if an attempt were made at DMT, then it would be Ayahuasca, and thus the most natural, most applicable approach.

What about DXM? Interesting because not all readings come to the author as he has vaguely already assumed in the back of his thoughts. This is very good, since it implies that the wisdom comes from a more intelligent energy, being or daemon. With that being restated in order to reinforce the concept of non-bias within such a difficult subject that lacks structure, DXM could have been worse than i.e. morning glory but on the contrary this reading indicated that DXM has a way to teach you things. It's not like Amanita Muscaria in that it is not *divine* per se, but something *is* there. It does something *unreal*. It can kill you though, just as some of the substances covered in this issue can when administered haphazardly. But it does something akin to reading the spirits (as a vague way of explaining it). It was also mentioned that Psilocybin and DXM together will really give you something (not that the author is recommending this). In summary, DXM has some occult/shamanical properties that the reading has uncovered. Be mindful that this approach is a serious one (nothing recreational is being considered).

There was a reading on Ibogaine, although it was brief. The reading was to find out if it is worth investigating or not. Yes indeed it has something of value and importance. Maybe the region in which it is found (West Africa) was once a place where the wise kings of Africa lived and did magic. Maybe this explains its presence in that region. McKenna mentions how much of Africa is nearly devoid of psychoactive plants. It is possible that a correlation/symbiosis exists with human and plant, although this is just speculation.

The author at the time of this writing believes that Amanita Muscaria is Soma (at least in its plant form). Only the RED muscaria are the true kind. This may not have been the case in the days of the origins of the Rig Veda. When the argument that Muscaria is probably not Soma comes up, one must also consider that the Rig Vedas are much older than is generally believed. With this occult view of history only one can consider in their mind and beliefs that it is possible through thousands of years of climatic change and species differentiation that some of the older species of Muscaria are no longer present. So maybe there was a green and a white variety, that back then--who knows how long ago, that had less toxicity and more of the spirit and occult power the proper red, true variety contain now. Quite possibly there is a shamanic or spiritual kind of preparatory ritual or working or mantra that is involved to activate the divine power of the true Amanita Muscaria and this may not have been written down exoterically in whatever has come to us considered the remains of the Vedas now. It is important to consider that with any sacred text there has been a process of it being passed through various hands and translators who may have purposefully hidden things or alternatively through ignorance accidentally obscured them further without a clue as to the original occult content. The point is that Amanita Muscaria can be the Soma when viewed through an occult lens and conversely a shamanic, magical practice is applied to its benevolent and spiritually wise bodily ingestion. The Amanita

Muscaria vars do not have the energy as the proper red fungi, but there is an exception to this rule. A reading was performed on the persicina var. and it definitely does not contain the same substance (or magic if you will) as the red muscaria. Guessowii the orange/yellow variety is in fact the same as red muscaria. It has everything the red muscaria has and the exception to the rule is found here. It is the deadly varieties now that may be a mirror of the past a time before the Rig Vedas were written. Maybe they were a different even more detailed and esoteric papyrus long before being condensed into the Vedic text. Conjectural, yes, but with an open mind one can begin to see why Soma indeed can be the A. Muscaria. A very, very fascinating reading occurred when it was asked, "what about Pantherina?" Pantherina or Panthers should never be used!! One would be better off taking Datura! Panthers do not have the same spirit as A. Muscaria, the true Soma variety. They are better than Persicina as far as energy goes, but do not be misled here, please. What is being said is that they do contain something visionary. Sure they do. That does not mean they are recreationally/shamanically/or in any way safe whatsoever and should never be ingested. It was emphasized in the reading the words, "VERY STRONG" and "YOU WILL NOT WIN." Something that comes through with that much emphasis is very memorable indeed. The reading will leave an indelible mark everytime the author sees a Pantherina growing in the woods he will remember and think, "wow." The Pantherina is awe provoking because of its danger. It will put you down. You will be tripping. It can send you to the hospital! So naturally it was asked, "Is there any way to shamanically subdue it?" The answer was then given without hesitation, NO! Never to be messed with! Ever! Even though it is able to show you lots (once again maybe it is a reflection or remnant of previous true Soma species that are no longer with us). Who could take it for fun you might ask? NOBODY.

Psilocybin is not as high of a vibration as Amanita Muscaria (when properly used). The reading said not to play with Cubensis (or Psilocybin for that matter). Maybe this is personal for the author, although he has experienced Psilocybin and its influence. The hidden wisdom is that Psilocybin is a drug. Yet it *can* turn you on. This means it can turn your mind on to some hyper-real levels of consciousness and associated ideas, but on the other hand you can lose sense of reality too. By the way sort of unrelated, but there are P. caerulipes that grow deep in the woods in Florida and the author has seen them (but not conscious of this fact during it). It is pointless to seek out such a variety though, because one could more easily mistaken P. caerulipes for something poisonous. Why not stick with Copelandia or Cubes and not go off into Gymnos or stranger ones.

Trichocerus Bridgesii (this may apply to any San Pedro varietal). In a way these have registered higher than Psilocybin mushrooms. They produce a 12-18 hour state of reflection. Do not mix with alcohol or anything else. Stay totally clean approximately ten hours before use. Boil little pieces of the cactus for around 20 minutes and drink with guava juice or another sweetener. It hits or peaks within two hours. And then shamanic stuff takes place.

The big stuff has been covered. No to cocaine or hard drugs obviously. No to new chemicals without proper readings and observations with skepticism. What about Belladonna or Nightshade? It is some real heavy heavy heavy stuff and very real. The author was not able to jump into this area and it must wait until another pass. Parsley smoking can be another hard experience. It seems like a negative experience similar to the energy of Belladonna possibly. Illinois Bundleweed? Since Terence McKenna mentioned it over two decades ago, it has not panned out to anything of interest. Besides it was completely unknown to Native Americans as far as is known about. Prickly Poppy is crap, avoid it altogether. Mucuna Pruriens was at one time used in sacred art, for divination and there is something *real good* in them. Dried rosemary can be burned for what is known as "releasing spirits," similar to the act of burning smudge sage. Syrian Rue seeds and plant material have been known to be ingested. It produces a mental, closed eye trip accompanied by intense stomach nausea and possibly worse. Be careful. Not recommended. Raw, unripe mulberries are heard of to create an effect. It is nothing to write home about, except for a slight light-headed feeling and yet again, not a recommended thing. Kratom is quite powerful, with similar to morphine effects and highly un-recommended. Nitrous

Oxide is okay for giggles and the composition of limericks, probably not a great idea though. Blue Lotus extract produces a mild sedative or lower resonant euphoria (when compared to cannabis for example). Not too great. Brugmansia leaf can be smoked or incensed for shamanism or witchcraft. Ingestion of its plant material is assumed to be similar to Datura as are all of the scopolamine plants although any expert shaman would tell you that each plant species has its own character and spirit. It does not sound like a good idea to try Brugmansias (Hells Bells / Angel Trumpets). Beautiful flowers and powerful energy. The real magician can experience these powers as if just looking and not ingesting its fruit.

And now...Just when you think everything is completely wrapped up we're only getting started...Nutmeg enters the equation. With the author's advanced experience in getting nutmeg to work well, plus the TAROT's wisdom at hand, one might wish to take note. Be careful on the dosage and note the amount or increment by which to increase the dose according to the individual. Measure the whole nutmegs by halves or quarters and the powdered form by teaspoons or by hand. Be advised that nutmeg contains some toxins like "the old strychnine" stuff. This is why to use it moderately. It can peak up until eight hours after ingestion. Be sure of the quality of the environment and aura it is being utilized under. There is no smoking of nutmeg. It is fat soluble and can be extracted, but be careful. A high dose can be too extreme and not a good idea. An average person may consider one to two whole nutmegs to be plenty, but even still, be careful with even half a nutmeg. Also note: drink lots of water because of the essential oils and the "strychnine" stuff going through the liver. Nutmeg can get a little help from some chocolate prior to the peak (preferably good dark chocolate, which is a mild MAOI). Be sure to eat a good meal with it because the food helps the body to absorb the mix of substances in this unique psychotropic plant. Here are the results of the reading now. It can make you very lethargic. It has some serious mind-bending abilities. Far beyond marijuana. Empathy is enhanced. It makes you feel profound ideas. It has a sedative effect on the nervous system. (Editors note: Much of the consensus is that Nutmeg is crap! This may be due to false recreational attempts at utilizing its potential or this may be due to its unappealing kitchen spice attribute placing it in the psychic tier alongside smoked banana peels, but regardless...) You will crawl right away into another world. As far as comparing it to other plants there is nothing else available that contains the same energy. It is very different from all the others. It is medicinal in small quantities and on rare occasion. It seems that it can help the body in various healthy ways, but of course different people react differently to every kind of plant. Its effects when used in a non-recreational context are in fact more interesting than marijuana but it seems to be synergistic with THC or a mild threshold Psilocybin experience. Some people may not feel anything because they are highly concerned about its potency and do not want to attempt an honest and non-biased experience. Maybe it is too difficult to separate it from the preconceptions of it being one of grandma's favorite holiday flavorings. That is why the author did not start with nutmeg but ended up giving it a try during a clean streak. Obviously it is not A. Muscaria nor is it like the enlightening effect of Psilocybin, nor is it as internal as San Pedro, but it has something else. It is far more superior than credit is given to it at this point. Maybe this misconception may be due to a lack of knowledge regarding its potential and how to regulate the dosage in a correct shamanic or intellectual setting. The slightest variation in dose can affect the user in a different way. It is very susceptible to environmental influence. Also it seems that certain times of the lunar cycle and other astrological influences can have affect on the "trip." Although it can cause damage to the body thanks to its toxins, it is not that bad in moderation. Maybe the sort of toxins are similar to drinking 10 beers for a medium to strong dose (3 whole good quality nutmegs for a medium sized male). The lethargy can last up to two days after the trip has subsided and can be antidoted with coffee. There is an intense energy associated with the peak which lasts about 2-5 hours. Nutmeg has another world in it. There is a method by which the nutmegs are broken in half and given a sort of sortilege or reading by the patterns of them (yes similar to tea leaves). This may be helpful in deciding whether or not the nutmeg is good and if it is a good time to take part in it.

Wrapping up: don't do anything illegal. Start with very small doses and work into the level you want to reach. Certainly there are many more chemicals of a hallucinogenic or potentially shamanic nature that were not covered because the need to was not present. Most of the known plant resources are covered here, however, and that is the core of the human knowledge regarding shamanic plants. At some point in time these plants were considered sacred and used by the sacerdotal class in strict ritual settings. *Nicotiana rustica* (tobacco) for example is now widely desecrated but it was brought here from another star system and is the most important of all the plants although its use may not be understood in our world today. Cocoa is also abused now instead of regarded as sacred. To the shamanically inclined, those who see the world as originating from a non-physical realm, there exists the paradox between chemical influence and natural occultism.



TABERNANTHE IBOGA



Brought to you freely. Creative Commons No Commercial, 2016 by John Gilbert  
[johngilbertscientist.com](http://johngilbertscientist.com)